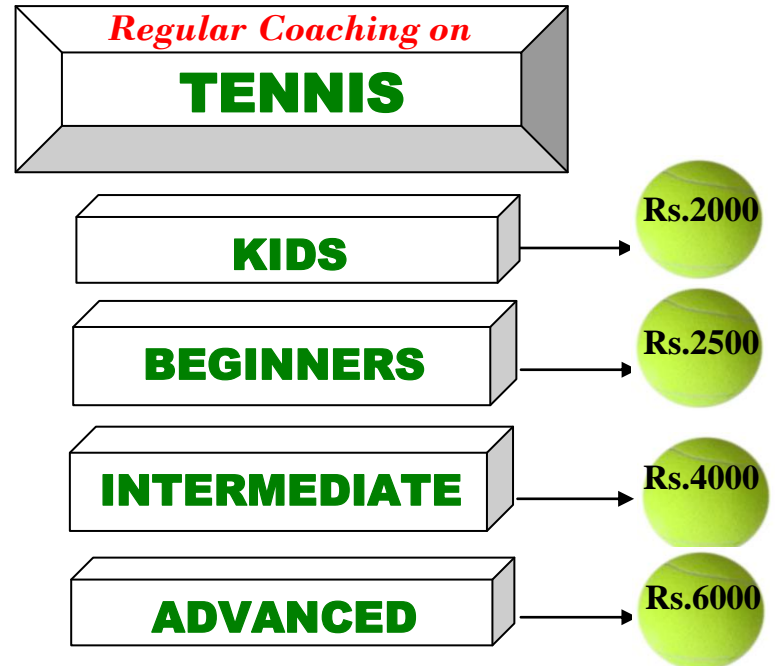


NODAL CENTRE FOR ENTREPRENEURSHIP AND MANAGEMENT DEVELOPMENT

(Sponsored by All India Council for Technical Education, New Delhi)

PSG POLYTECHNIC COLLEGE Coimbatore-641 004

(Govt. Aided Autonomous & ISO 9001:2015 Certified Institutions)



Training Features

- Speed Ball Training for Spin
- Cross Training
- Core Training – Medicine Ball & Agility Drill
- Strength & Conditioning for Tennis
- Correct Stroke Patterns using “Wrist Assistor”
- Advanced Stretching & Relaxation Techniques

- COACHES:**
- ☺ **Mr. P B Murali Krishnan** is Physical Director at PSG Polytechnic College, He is **National Institute of Sports Patiala Certified Cricket Coach & PTR Certified Tennis coach.**
 - ☺ **Dr. B. Navaneethan** Director of Physical Education at PSG College of Arts and Science. He is **USPTR (United States Professional Tennis registry) certified Tennis coach and Pat Etcheberry Certified Strength & Conditioning Trainer for tennis and multi Core Trainer (USA).**
 - ☺ Both are accredited **Level I Kinanthropometrist** from the International Society for the Advancement of **Kinanthropometrey** New Zealand **Note: Registration Fee and GST 18% to be added**

Special Feature: Video analysis using Silicon Coach Pro7 and Digitizer software would be extended to intermediate and Advanced players

For Details: The Co-ordinator, Nodal Centre for EMD, 'C'-Block, PSG Polytechnic College, Coimbatore – 641 004
Phone. No: 0422-, 4344457 Email: ncemd@psgpolytech.ac.in