



# PSG POLYTECHNIC COLLEGE

PEELAMEDU, COIMBATORE - 641004

(An Autonomous and ISO 9001 : 2015 Certified Institution)



CANADA INDIA INSTITUTIONAL COOPERATION PROJECT(CIICP)

## THRUST AREA-WOMEN IN DEVELOPMENT

*Cordially Invites you all for the*

**WOMEN'S MENTAL HEALTH DURING COVID-19**

**Day-1 | 15.03.2022**

**Time: 11am-1pm**

### Topic: Women Emotional Wellbeing

**Dr. D Doreen Robin M.E., Ph.D.,**  
Founder & Director,  
Computational Intelligence Research  
Foundation, Chennai – 23.



### Topic: Introduction to Emotional Intelligence

**Dr. R. Deepa,**  
Associate Professor & Head,  
Faculty of Human Resources,  
Chief Coordinator – PSG CARE,  
PSG Institute of Management.



### Topic: Impact of COVID'19 on Women Mental Health

**Dr. S. Sharmila,**  
Head of the Department,  
Department of ECE,  
PSG Polytechnic College.



REGISTRATION FORM:

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**WOMEN'S MENTAL HEALTH DURING COVID-19**

**Day-2 | 16.03.2022**

**Time: 10am-12pm**

### Topic: Work life balance during and after COVID'19

**Mrs. Sashi Chandran**  
and Nityagurukula team  
Chief Executive Officer,  
Nitya Gurukula



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**WOMEN'S MENTAL HEALTH DURING COVID-19**

**Day-3 | 17.03.2022**

**Time: 10am-12noon**

### Topic: Stress Management

**Dr. R. Deepa,**  
Associate Professor &  
Head Faculty of Human Resource,  
Chief Coordinator-PSG CARE,  
PSG Institute of Management.



### Topic: Be an Enterprising Women

**Ms. Vijayalakshmi Subramaniam,**  
Vice President - Human Resources,  
KANINI,  
Chennai.



### Topic: When to Seek Professional Help

**Dr. Bharathi Rajendran,**  
Assistant Professor,  
Government Medical College &  
Tamilnadu Government Health Care System,  
Ramanathapuram.





## PSG Polytechnic College

Peelamedu, Coimbatore.



## National Institute of Disaster Management (NIDM)

Ministry of Home Affairs, Govt. of India.

**15th MARCH, 2022**

*Jointly Organize*

**10.55 AM - 1 PM**

**3-DAYS ONLINE TRAINING PROGRAM ON  
WOMEN'S MENTAL HEALTH DURING COVID-19**

## INAUGURATION

### Programme Team



**Dr. B. Giriraj,**  
Principal,  
PSG Polytechnic College.



**Shri. Taj Hassan IPS,**  
Executive Director,  
NIDM.



**Prof. Santosh Kumar,**  
Head, GIDRR Division,  
NIDM.



**Mr. Ali Haider,**  
Jr. Consultant,  
NIDM.

**Meeting Link:**

<https://meet.google.com/peo-jesb-xrc>

**Youtube Link:**

<https://youtu.be/81Eth1yIO9o>



**Stay Protected  
from Corona**



**Wear your Mask  
Properly**



**Follow Proper  
Hand Hygiene**



**Maintain Social  
Distancing**



**Get  
Vaccinated**



# AGENDA

10.55 AM	Prayer Song	
11.00 AM	Introduction	Mr. Ali Haider, Jr. Consultant, NIDM.
11.05 AM	Welcome Address	Dr. S. Sharmila, Head of the Department, ECE, PSG Polytechnic College.
11.10 AM	Presidential Address	Dr. B. Giriraj, Principal, PSG Polytechnic College.
11.15 AM	Keynote Address	Prof. Santosh Kumar, Head, GIDRR Division, NIDM.
11.20 AM	Inaugural Address	Shri. Taj Hassan IPS, Executive Director, NIDM.
11.30 AM	Technical session	
12.55 PM	Vote of Thanks	Mrs. V. Archana, Lecturer, Department of Mathematics, PSG Polytechnic College.



## PSG Polytechnic College

Peelamedu, Coimbatore.

&

## National Institute of Disaster Management (NIDM)

Ministry of Home Affairs, Govt. of India.

**17th MARCH, 2022**

*Jointly Organize*

**11.45 AM - 12.30 PM**

**3-DAYS ONLINE TRAINING PROGRAM ON  
WOMEN'S MENTAL HEALTH DURING COVID-19**

# VALEDICTORY FUNCTION

## Programme Team



**Dr. B. Giriraj,  
Principal,  
PSG Polytechnic College.**



**Prof. Santosh Kumar,  
Head, GIDRR Division,  
NIDM.**

**Meeting Link:**

<https://meet.google.com/peo-jesb-xrc>

**Youtube Link:**

<https://youtu.be/LcF5dtg8ps4>



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from Corona**



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**Get  
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# AGENDA

**11.45 AM**      Prayer Song

**11.50 AM**      Welcome Address      **Dr. B. Giriraj,**  
Principal,  
PSG Polytechnic College.

**11.55 AM**      Concluding Remarks      **Prof. Santosh Kumar,**  
Head, GIDRR Division,  
NIDM.

**12.05 PM**      Feedback session

**12.15 PM**      Appreciation Note for  
Active Participants      **Ms. T. Shanantha,**  
Lecturer,  
Department of English,  
PSG Polytechnic College.

**12.25 PM**      Vote of Thanks      **Dr. S. Shalini,**  
Lecturer,  
Department of Physics,  
PSG Polytechnic College.