

Shri.L.Gopalakrishnan  
Managing Trustee, PSG & Sons Charities

Shri Taj Hassan, IPS  
Executive Director, NIDM

Prof.Santosh kumar,  
Head GIDRR Division,NIDM

Dr.B.Giriraj,  
Principal,  
PSG Polytechnic College

#### **Coordinators**

Mr.Ali Haider  
Jr.Consultant,NIDM

Dr. S. Sharmila, HoD/ Thrust Area Manager,  
Department of Electronics and Communication  
Engineering

#### **Organizing Committee**

Mrs.S.Valarmathi, Lecturer/ Backup Manager,  
Department of Electrical and Electronics  
Engineering

Dr.S.Anitha, Lecturer,  
Department of Physics

Dr.S.Shalini, Lecturer,  
Department of Physics

Mrs.V.Archana, Lecturer,  
Department of Mathematics

Ms.T.Shanantha, Lecturer,  
Department of English

Mrs.R.Annie Karunya, Lecturer,  
Department of Information Technology

### Objective of the program

This training program focusses on eradicating the mental illness of women in the time of pandemic situations infected by this virus, family members, and in the work environment. It paves way to refresh the thoughts to have a real empowerment back to normal. Each session prepares the participants to be mentally strong to face the pandemic situation.

- ❖ To get rid of mental illness and to improve our emotional thoughts.
- ❖ How to balance family and work environment during the pandemic.
- ❖ To understand the strength of the women in pandemic
- ❖ How to be a winning woman.
- ❖ Solve and get the key in psychological aspect

### Webinar and Registration Details

The webinar would be conducted on a virtual platform. Interested participants may register through the Webinar registration link <https://training.nidm.gov.in/>. The link to join the webinar would be sent individually to the registered email address



**nidm**  
Resilient India - Disaster Free India

PSG POLYTECHNIC COLLEGE

WOMEN IN DEVELOPMENT

CANADA INDIA INSTITUTION CO-OPERATION PROJECT



3-days online Training Program on

WOMEN'S MENTAL HEALTH DURING  
COVID'19

March 15, 16 & 17, 2022



Sponsored by:

NATIONAL INSTITUTE OF DISASTER  
MANAGEMENT (NIDM) Ministry of Home Affairs,  
Govt. of India Plot no. 15, Pocket-3, Block-B,  
Sector-29, Rohini, Delhi -110042

## ABOUT THE COLLEGE:

PSG Polytechnic College, established in the year 1939, a pioneer institute in the field of Technical Education and Research is a Government-aided, ISO 9001 certified institution with Autonomous status from 1976. This aids it to have a flexible curriculum and updated syllabi. The Polytechnic College has the best laboratories with free access to the students and prepares them with the latest method of learning industrial practices. The Industry Attachment Programme, mandatory for all courses provides the students an exposure for current industrial practices. The college is located in the same campus as the PSG Industrial Institute.

## ABOUT THE NIDM:

The National Institute of Disaster Management (NIDM) was constituted under an Act of Parliament with a vision to play the role of a premier institute for capacity development in India and the region. The efforts in this direction that began with the formation of the National Centre for Disaster Management (NCDM) in 1995 gained impetus with its redesignation as the National Institute of Disaster Management (NIDM) for training and capacity development. Under the Disaster Management Act 2005,

NIDM has been assigned nodal responsibilities for human resource development, capacity building, training, research, documentation and policy advocacy in the field of disaster management.

NIDM provides Capacity Building support to various National and State level agencies in the field of Disaster Management & Disaster Risk Reduction. The Institute's vision is to create a Disaster Resilient India by building the capacity at all levels for disaster prevention and preparedness.

## RESOURCE PERSONS

Eminent resource persons will be drawn from reputed organizations from academia and industry.

## ELIGIBILITY OF PARTICIPATION

Working Women Professionals from Polytechnic, Engineering and Arts & Science colleges from various disciplines.

**IMPORTANT DATES:  
MARCH :15 ,16 & 17, 2022**

**NO REGISTRATION  
FEE**

## FOR FURTHER COMMUNICATION

Dr. S.SHARMILA

MANAGER,WOMEN IN DEVELOPMENT CELL &

HEAD OF THE DEPARTMENT

DEPARTMENT OF ELECTRONICS & COMMUNICATION

PSG POLYTECHNIC COLLEGE

COIMBATORE,TAMILNADU

PH.NO:8838463369